

# Childwise Training Workshops 2010

## Understanding and Responding to Child Abuse

This 2 hour information session will present information on the following:

- Understanding all forms of child abuse including the dynamics of sex offending
- What are the indicators of abuse?
- Reporting concerns. What can you do?
- Responding to children who disclose abuse
- Understanding child protection laws
- Legal Obligations including Working With Children Check information
- Empowering workers and children to speak up about concerns

## Child Safe Organisations

### **Risk Assessment and Management**

Risk management is child abuse prevention. Part of this training provides an overview of the concept and process of risk management, and how it can be applied to your organisation and programs to prevent child abuse.

### Developing a Child Protection Policy/Code of Conduct

How policy can be developed to provide guidance to the everyday practices and longer term work of your organisation.

### Child Safe Recruitment and Selection

Responsible employment practices with the aim of attracting the best applicants for the job and deterring would-be sex offenders from joining your organisation. Many tips are given on how to improve recruitment, selection and screening practices whilst complying with the Privacy and Equal Opportunities regulations.

### Managing Complaints of Abuse

A significant barrier to maintaining a child safe organisation is convincing participants that their concerns will be acted on appropriately and fairly. Crisis management, debriefing and dealing with possible media will also be discussed.

### Personal Safety/Protective Behaviours

A personal safety program that aims to promote resilience using empowerment strategies, clear communication, and awareness of 'safe' behaviours. It enables people of all ages to develop strategies to help them deal with all forms of difficult situations.

### Dynamics of Sex Offending

This program looks at 'who the offenders are' including: age, gender and motivation. It will explore the process of 'grooming' and look at some of the techniques that the abuser employs to coerce the potential victim.

## **Dealing with Children with Sexualised Behaviours**

When children or adolescents display sexual behaviour it can increase their vulnerability or cause harm to another, adults have a responsibility to take action to provide support and protection.

## **Dealing with Trauma and Basic Counselling Skills**

The program educates and raises awareness on the indicators and long term impacts of trauma which includes child abuse. The emphasis on volunteer and staff self care will empower participants to develop creative strategies to prevent child abuse and sexual exploitation at a local level.

## **Behaviour Management Strategies**

Effective behavioural management of challenging behaviours displayed while working with children and young people is essential in preventing child abuse, as it eliminates potentially harmful situations before they arise. An child safe organisation's ultimate goal when utilizing behaviour management tools is to teach children with behavioural problems strategies to control their own actions and reactions and to find alternative, more positive ways to have their needs met.

## **Professional Boundaries** (eg: Teachers, youth workers, childcare staff)

This looks at particular codes of conduct exploring "why" we should have one and "what" it should look like. Learning outcomes include: the importance of a code of conduct, developing a code of conduct, items to be included in a code of conduct, code of conduct and community education, managing a code of conduct.

Professional boundaries are essential in maintaining safe and appropriate relationships between professional staff/volunteers and children. The establishment of professional boundaries provides a context in which roles and responsibilities are defined; ie where a person's role is to begin and end. At times professional boundaries can easily be vague, and the impact this can have on the professional relationship, the child and outcome for the program can be quite detrimental.

## **Train the Trainer in all of the above**

Self explanatory: we can train staff to empower colleagues, children and young people to become aware of the signs of child sexual abuse in order to;

- Identify risky situations
- Know how to respond to children's disclosures
- Know who to report concerns to.
- We can put together a package that will meet your groups' individual needs.

## **Tailor made training on all aspects of Child Abuse Prevention**

We can discuss your training needs and together build a program that will incorporate the information that your organisation requires to get the most relevant information to support and inform staff and community based on needs.

**Call Childwise on 9645 8911 to discuss your training requirements.**